

St. Benedict Parish for the Deaf

Sunday, January 29, 2023

Dear Friends: If someone called you meek, would you consider it a compliment or an insult? Are you being described as humble and patient or overly submissive and weak? In today's Gospel reading, Jesus called the meek "blessed," so clearly, he thought it was something worth striving for. He also called himself "meek and humble of heart" (Matthew 11:29). And he was: he was submissive, but only to the will of his heavenly Father. This is what it means to be meek: to bend our will to God's. This kind of meekness requires strength, not weakness, and a willingness to trust and obey the Lord. In today's first reading from the prophet Zephaniah, it seems that meekness was exactly what the people of Jerusalem were lacking. The northern kingdom of Israel had already been overrun by the Assyrians just a generation or two before Zephaniah wrote these words. A similar fate awaited the southern kingdom because they were worshipping other gods and breaking the Lord's commandments. And who would survive the "day of the Lord's anger" (Zephaniah 2:3)? Only a "remnant" of people "humble and lowly," who would observe God's laws and seek "justice" and "humility" (2:3; 3:12). They would be blessed for their willingness to be meek before the Lord. And so will we. When we follow God's commandments, even when our passions and desires push us in the opposite direction, we will enjoy freedom from sin. When we seek the Lord's will in all that we do—especially when we are faced with an important decision—we will feel peaceful and secure that we are following the right path. Is there an area in your life that you are struggling to submit to the Lord? If so, repent and ask for the grace to give it to him. And even if you don't see the blessings right away, believe that they will come, just as Jesus promised. "Lord, help me to be like you, meek and humble of heart." © The Word Among ++++++



St. Benedict Sunday Mass		
January 22, 2023 Collection		
Currency:	\$	60.00
Envelopes:	\$	70.00
TOTAL:	\$	130.00

Thank you very much for supporting with your gifts

Sunday Mass Readers
All are welcome to volunteer

January 29
Markensy Jacques

February 05
Aaron Cruz

February 12
Michael Callejas

February 19
Vanessa Baxter

February 22
Clarebyll Mabanta

February 26
Nancy McCormick

Healing Retreat
for Adult Children of Divorce

MARCH 17-19, 2023

Vallombrosa Retreat Center
250 Oak Grove Ave, Menlo Park, CA

Weekend retreat will include Holy Mass, opportunities for Confession and Adoration.

For more information / registration visit:
www.acdsf.info
or contact Ed Hopfner: HopfnerE@SFArch.org



CALENDAR 2023

Sunday, January 29
4th Sunday in Ordinary Time
Mass at 10:30AM
President: Father Ghislain

Sunday, February 05
5th Sunday in Ordinary Time
Mass at 10:30AM
President: Father Ghislain

Sunday, February 12
6th Sunday in Ordinary Time
Mass at 10:30AM
President: Father Paul

Sunday, February 19
7th Sunday in Ordinary Time
Mass at 10:30AM
President: Father Ghislain

Sunday, February 22
Ash Wednesday
Mass at 7:00PM
President: Father Ghislain

Sunday, February 26
1st Sunday of Lent
Mass at 10:30AM
President: Father Ghislain

MASS INTENTIONS

DECEASED

Gerry Riippa
Joyce Carolan
Victor Lampe
Mako Rova
Mariya Yasumura
Elizabeth Heurtin
Bill Mortensen
Shanon Quinn Manini
Francine Inami
Atsuko Jurenes
Marie Conroy—Salbi
Barry Coen
Sugako Berne
Sumi Honami
Jeanette Affolter
James Travonich
Donald Baer
Maria Cristina Purdy
Joseph Byrne
Betty Blue
Elizabeth Mallorca
Rena Riippa
Carmen A Molina
Norman K Wong
Dick Carlen Sr.
Jean RNC Cowan
Brigid Byrne
Patricia Cavagnaro
Frankie Zaldivar, Sr

LIVING

Aldo Didero
Jennie Lee Jordan
Henry K Wong
Nancy K Wong
Frank Wong
Neal Fancroft
Donald Glickman
Lucille McNulty
Maureen McBride
Wilda Kelleher
Maria Garcia
Reena Angeli Alejar
Jose Ordonez
Jane Lampe
Palmgra Morrell
Micaela Pablo
Aida Seballos
Donovan Mulligan
Edward Passos, Jr.
Winnie Cuevas
Isabella Harris
Robert & Diana Zunino
Jose Ruiz
Modesta Orque
Wilda Kelleher
Maffy Gaya
Sprouse Family
Frankie Zaldivar, Jr
Ernesto Ortega



**St. Benedict
Parish at St.
Francis Xavier
Church**
1801 Octavia
Street
San Francisco,
CA 94109
A Roman Catholic
Ministry to the
Deaf, Hard of Hear-
ing and Japanese
Communities and
people of God in San
Francisco, San
Mateo and Marin
Counties.

“Lo, I am with you always, even to the end of age.” Matthew 28:20

Mass in American Sign Language at St. Benedict Parish at St. Francis Xavier Church.

Sunday at 10:30AM

Holy Days of Obligation

January 1: Mass at 10:30AM

August 15: Mass at 7:00PM

November 1: Mass at 7:00PM

December 25: Mass at 10:30AM

Sacrament of Baptism

One or two baptism classes are required. Contact the Pastor at least two months for appointment.

Religious Education & Youth Ministry

Ages 4 to High School on

Sundays at Saint Benedict after the Liturgy of the Word

RCIA: Rite of Christian Initiation of Adults

By arrangement with the Pastoral Team for those who may be interested in becoming followers of Jesus Christ in the Roman Catholic Church. Programs are available for those who wish to be baptized, to receive First Holy Communion, to be confirmed and to learn more about the faith of the Roman Catholic Church.

Sacrament of Reconciliation

Reconciliation service during Advent and Lent. Appointment with the Pastor every **First Saturday** of the month at 3:00PM whenever needed.

Sacrament of Marriage

Contact the Pastor at least 6 months in advance to make arrangements (Archdiocesan regulations).

Sacrament of Anointing the Sick

Please contact the Pastor immediately whenever needed.



PARISH STAFF

Fr. Paul Zirimenya, Pastor
Fr. Ghislain Bazikila, *Parochial Vicar*
Mary Ann Schmitz, *Office Manager*

**Office Hours: 10AM - 2PM
[TUESDAYS & THURSDAYS]**

TELEPHONE/ VP

415 - 567 - 9855 V/TTY

415-255-5837/5768 VP

Email: stbenz1801@gmail.com
Website: www.sfdeafcatholics.org

Also, dial 711 For Relay Service or Sorenson Video Relay Service.

PARISH MINISTRY & PROGRAMS

Religious Education, Youth Ministry and Rite of Christian Initiation of Adults (RCIA).

**Parish Council Meetings:
Fourth Sundays of the month
by Announcement**

St. Benedict Program

Food Baskets are usually given out on **Palm Sunday** and Sunday before Thanksgiving.

**Please remember
St. Benedict Parish in
your WILL and BEQUESTS**

**PROTECTING GOD'S
CHILDREN**

If you believe you are a victim of sexual abuse. Please call our SF Archdiocesan Clergy Abuse Hotline:

415-614-5506

RR Code: 2487